

The baby boomers are now pensioners. Most of them healthy elderly who are either still economically or domestically productive or otherwise enjoying their retirement. Either way they are still contributing to society.

The demographic situation and social attitudes are changing rapidly. The expectation is that the senior citizen is entitled to all the care that can make a difference. Policies should strive to develop a just Health Care System that is capable to meet these expectations.

The care of the elderly who are suffering from chronic diseases and multiple disabilities requires plenty of resources, not just economic resources. The informal social support and networking that used to support the elderly in the community is now in short supply as many women are economically active and extended families have

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The kind of support required is technically challenging and now falls within the realm of professionally trained workers.

The Family Doctor is at the centre of the care of the elderly in the community and pivotal in the leadership and organisation of care. The range of services that are available and the extent of knowledge required to use them effectively with minimal harm requires the involvement of the team.

It is this organisational aspect of care which is a major weakness in the practice of Family Medicine. This CPD attempts to provide contributions from a multi-disciplinary team. I hope this will make a difference in the care of the elderly in the community.



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Winter Continued
Professional Development



The Malta College of Family Doctors
In Conjunction with the
Geriatrics Department,
Present



**Geriatrics
- A Multi Specialty -
View.**

1st, 2nd and 3rd
December, 2011.

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Thursday
1st December 2011
20:15 - 22:30

Session chaired by: Dr. A.Micallef

The Aging Maltese Population.
Dr. Neville Calleja.

Diagnosis versus Functional Status.
Dr. Paul Zammit.

Measuring Functional Status.
Ms. Cynthia Scerri.

**Orthostatic Hypotension, Dizziness
and Syncope.**
Dr John Cordina.

Community Care Services
Ms. Sharon Martinelli.

**Caring for the Elderly and Caring for
the Carer.**
Ms. Theresa Micallef.



Winter Continued
Professional Development



Friday
2nd December 2011
20:15 - 22:30

Session chaired by: Dr. J. Abela

Long Term Care.
Dr. Anthony Fiorini

**Dysmobility and Partial
Immobility.**
Ms. Victoria Massalha

Swallowing Problems.
Ms. Alexandra Ameen

Nutrition and Aging.
Dr. Mark Vassallo

Drug Therapy and Polypharmacy.
Ms. Marise Gauci

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Saturday
3rd December 2011
10:30 - 13:00

Session chaired by: Dr. J. Xuereb Dingli

**Dementia, Confusion and
Depression.**
Dr. Stephen Abela

Sensory Impairment.
Dr. George Bugeja

Incontinence.
Dr. Antoine Vella

**Sleep Problems in the
Elderly.**
Dr. Kristian Zammit

Ethical Dilemmas in Elderly Care.
Prof. Pierre Mallia

Parkinsonism and Parkinson's Disease.
Dr. Peter Ferry

Communication Problems
Mr. Kenneth Delia

